

PREPARING TO RETURN HOME

Care Coordination Services

OUTPATIENT THERAPY – Your doctor will want you to continue your therapy for a while after you leave the hospital. Beaufort Memorial offers three convenient locations for outpatient therapy following joint replacement. Ask your care coordinator to assist you in making your first post-discharge appointment.

IN BEAUFORT:

Orthopedic Specialty Clinic

1251-C Ribaut Rd.

843-522-5850

**Beaufort Memorial Medical and
Administrative Center
Outpatient Rehabilitation Services**

990 Ribaut Road

843-522-5960

IN BLUFFTON:

Bluffton Medical Services

11 Arley Way, Suite 201

843-706-8841

Discharge Checklist

for the for the Patient and First Mate

- How do I manage my blood thinner?
- How do I use my pain medication?
- How do I change my dressing? And how often?
- What are the signs and symptoms of infection?
- What are my “Do’s and Don’ts”?
- Do I use ice or heat for my pain and swelling?
- Is my home equipment ordered and delivered?
- What is my therapy plan after discharge?
- Do I know my exercises and have my home exercise program?
- What will I need help with at home?
- What questions do I have that have not been addressed?
- When would I need to call my doctor?
 - Signs/Symptoms of an infection
 - Signs/Symptoms of a blood clot
 - New onset of surgical joint area pain